

LAKE PLACID CENTRAL SCHOOL ATHLETIC REGULATIONS

PARTICIPATION:

The following rules are for all Lake Placid Central School athletes. These rules are adopted by the Athletic Council and are intended to apply to all athletes. Coaches may require additional rules which will be on file and approved by the Athletic Director. Coaches are responsible for disseminating all rules at the beginning of the season.

Being an athlete in the Lake Placid Central School Athletic Program is a privilege not a right. As such Lake Placid Central School holds its' athletes to a higher standard of conduct from non-athletes. If a student does not wish to be held to this higher standard of conduct, then he or she should not participate in athletics at Lake Placid Central School.

During the time that a student is a Lake Placid Central School athlete, he or she will be in the public eye and is expected to represent the school and community at all times with the highest behavioral standard.

I. GENERAL RULES:

For the purpose of these rules, a season should be considered as follows:

FALL SEASON: From the league start date in the fall until the league start date for the winter season.

WINTER SEASON: From the league start date in the winter until the league start date in the spring.

SPRING SEASON: From the league start date in the spring until the end of the post season.

Along with the athletic regulations, athletes are also bound by the district's code of conduct and any other rules of the Lake Placid Central School's Handbook which apply. Also, Lake Placid Central School is governed by the N.Y.S.P.H.S.A.A.. While a student-athlete may not know each and every rule, they should contact their coach or Athletic Director if they have any questions concerning the rules and regulations of the N.Y.S.P.H.S.A.A.. If an athlete knows of any violations of these rules and regulations, it is the athlete's responsibility to bring this to the attention of their coach or Athletic Director.

During the athletic season the following rules should be followed and will be enforced.

- a. Athletes are responsible for the care of athletic equipment which is issued to them. They will be expected to pay for any lost equipment or equipment damaged by carelessness.
- b. Athletes are not to be in the building if they are unsupervised.
- c. An athlete shall practice only one school sport at a time. If a coach of another sport requests that an athlete practice for one sport while they are actively engaged in another, the athlete shall bring this to the attention of the Athletic Director. Special situations can be worked out by the two coaches involved.
- d. Athletes are not to be under the influence of alcohol, drugs or tobacco products at any time during their season.
- e. Athletes may not be involved in consuming, buying, selling, or being in possession of alcohol, drugs or tobacco products. If an athlete is found to be in violation of this clause while at school or a school function they will be suspended for 50 % of the regularly scheduled season and referred to the school substance abuse counselor. If the athlete cannot fulfill this suspension during the current season it will carry over to the next season in which the athlete participates. The athlete must complete the entire season in which the suspension is being served in order for the suspension to count. If the suspension carries over to the next season, then the athlete must complete that carry-over season as well. While on suspension the student must be an athlete in good standing for the games to count.
- f. An athlete arrested and convicted for any felony violation will be suspended from participation in any Lake Placid Central School Athletics for the period of one year from the date of conviction. Rules applying to felony arrest and conviction are in effect all year, including the summer recess.
- g. Athletes are expected to conduct themselves in a responsible manner at all times. An athlete is expected to behave in a manner that his or her actions are not detrimental to oneself, the team, the school and the community. These ethical violations will be dealt with by the school on an individual basis.
- h. All athletes must ride the bus to and from practices and games unless they have written permission from their parents. Parent notes must be approved and signed by the Principal and/or Athletic Director.
- i. Athlete are expected to be aware of any additional rules made by their coach, and must abide by these rules. These rules will be written and on file with the Athletic Director.

II. GAME AND PRACTICE ATTENDANCE POLICY:

Athletes are responsible for being present at all team meetings, practices, games and functions unless excused by the coach beforehand.

An excused absence is as follows:

- a. Illness verifiable by a parent note.
- b. Doctor's appointment verified by a parent or doctor's note.
- c. Funeral verified by a parent note.
- d. Educational leave.
- e. School approved function.
- f. Absence pre-approved by the coach and Athletic Director.

In the event that something arises during the day and the athlete feels they cannot attend practice, they must first clear it with their coach or the Athletic Director.

Penalties for an unexcused absence:

- a. First unexcused absence: The athlete will not compete in the next contest, but they will dress and attend the game.
- b. Second unexcused absence: The athlete will not compete in the next two contests, but they will dress and attend the games. The athlete will meet with the Athletic Director and coach to discuss the issue and a letter will be sent home to notify the parents.
- c. Third unexcused absence: The athlete will be removed from the team and the coach or Athletic Director will notify the parents.

If an athlete is serving in school suspension or out of school suspension, they may not practice, play in a game or attend a team function while on suspension.

Athletes tardy or absent on the day of a game will be ineligible for that game unless permission is granted by the Principal and/or Athletic director for extenuating circumstances.

Under normal circumstances, athletes must be in school and on time the morning following a contest. If an athlete is tardy the day after a contest, the first offense will result in a warning. For all subsequent offenses, players will be ineligible for the next game. The athletic department will monitor chronic offenders.

III. Athletic Academic Eligibility:

At Lake Placid Central School academics are our number one priority. We expect that our athletes will be passing all classes. Starting the second week of school, we will check all student-athletes grades on a weekly basis. If a student- athlete is failing one or more subjects the following protocol will be followed:

LEVEL ONE:

Failing one subject- The athlete will be required to go to mandatory 10th period with the teacher of the subject they are failing until the grade is brought up to passing. During this time an athlete will continue to practice and compete.

LEVEL TWO:

Failing two subjects- The athlete will be required to go to mandatory 10th period with the teachers of the subjects they are failing until the grades are brought up to passing. During this time the athlete will practice with the team, they may not compete in contests or dress for contests. They may not travel to away games.

LEVEL THREE:

Failing three or more subjects- The athlete will be required to attend mandatory 10th period with the teachers of the subjects they are failing until the grades are brought up to passing. During this period an athlete will not be allowed to participate in any team activity.

Grades will be checked each Tuesday morning that school is in session. At this time, it will be determined whether or not an athlete has met the requirements to compete. If they are passing all subjects, they will be eligible for full participation. If not, they will continue with the protocol above.

If an athlete does not attend mandatory 10th period, they will be moved to the next level the following week. If the athlete is on level three they will remain there for another week.

Any student with a disability who is receiving services under IDEA or Section 504 of the Rehabilitation Act, may be placed on academic probation pursuant to the policy herein. Prior to being placed on academic ineligibility it must be determined through the assigned special educator that:

- a. The student's IEP is appropriate.
- b. The student's IEP has been properly implemented.
- c. The student's failing grades are not related to their disability.

If the criteria in these three steps have been confirmed the policy will be enforced. Otherwise the student will remain eligible and the situation will be referred to the CSE Chairperson for review.

IV. SUSPENSION AND APPEALS:

Any athlete suspended from play may appeal the suspension. A student-athlete or their parent must submit the appeal in writing to the Athletic Director within 7 days of the suspension. Appeals will be heard by the Athletic Council within 7 days of receiving the written request.

If the athlete and their parent do not agree with the decision of of the Athletic Council, they may appeal to the Superintendent of Schools within 7 days of receipt of the Athletic Council's decision.

If further action is needed, the parent may appeal to the Board of Education within 7 days of receipt of the Superintendent's decision. The appeal must be in writing.

V. AWARDS:

The Lake Placid Central School Athletic Department will present the following awards at the end of each season.

A. Award Descriptions:

- a. Varsity "LP"- Six inch chenille letter and certificate.
- b. Reserves- Certificate.
- c. JV- Certificate.
- d. Varsity Captains- Captains Pin
- e. After the first varsity letter is earned athletes will receive sports pins and service bars for each successive letter earned.
- f. Varsity Coaches may give a Gold Letter Award, Most Improved Award and Outstanding Sportsmanship Award.
- g. JV Coaches may give an Outstanding Sportsmanship Award.

B. General Athletic Award Requirements:

- a. An athlete must complete the season in good standing and conform to N.Y.S.P.H.S.A.A. eligibility rules.
- b. Players who are injured will receive special consideration.

C. Special Awards that may be given at the end of the year:

- a. The Adams Ski Award.
- b. The John R. Carnell Award.
- c. The Bud Colby Award.
- d. The Coaches Sportsmanship Award.
- e. The Super Gold Award.
- f. The Coaches Special Recognition Award.

D. Transfer Students:

An athlete will receive credit for varsity awards earned in a sport at another school after they earn their first varsity award at Lake Placid Central School in the same sport. Transferable awards must be certified by the Athletic Director of the previous school.

SPORT _____

ATHLETIC REGULATION SIGNATURE FORM

As an athlete at the Lake Placid Central School, I have read the Athletic Regulation and understand the expectations and responsibilities that go along with being a member of a Lake Placid Central School athletic team.

Student- Print
Name _____

Student- Sign
Name _____

Date _____

I recognize my responsibility as a parent/guardian and having read the Athletic Regulation along with the understanding that there is a risk of serious injury involved with participation in interscholastic sports, give my permission for my child to participate in athletics at Lake Placid Central School.

Parent/Guardian-Print
Name _____

Parent/Guardian- Sign
Name _____

Date _____