



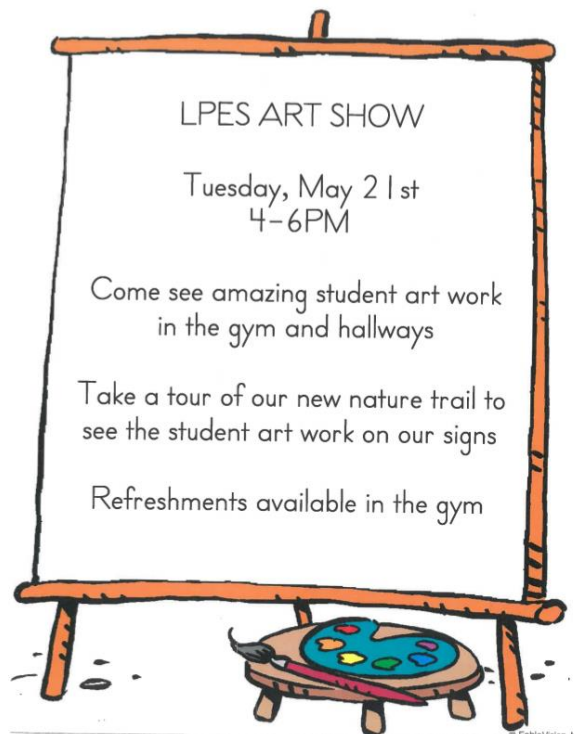
Lake Placid Elementary School Newsletter

For the week of May 10- May 17, 2019

Monday May 20, 2019	Day 5	PE Club, Go West! (at HS)
Tuesday, May 21, 2019	Day 6	Newspaper Club, Art Club, Go West! (at HS)
Wednesday, May 22, 2019	Day 1	Band, Lego Club, Go West! (at HS)
Thursday May 23, 2019	Day 2	Chorus, Go West! (at HS), Kindness Club
Friday, May 24, 2019	XXXX	No School/Memorial Day Weekend

Budget!

**LAKE PLACID CENTRAL SCHOOL BUDGET VOTE IS
ON TUESDAY MAY 21st FROM 2-9 - Wilmington
Community Center and LPES Cafeteria**



Important Dates:



- June 19: Kindergarten Celebration
- June 21: 5th grade Celebration
- July 9 – Aug 16: Summer School

Reminders:

The breakfast and lunch menus can be found on our website. Contact Mr. Sean Bavis with any comments or suggestions related to cafeteria services.



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<http://www.lpcsd.org/es-breakfast-lunch-menu/>

The office closes once the late buses have left. Please be sure to pick up your student from clubs by 3:30pm and if there are any transportation issues, call the bus garage at 518-523-4277.

Please remember to send your child in each day with their after school notes. Emergency changes only after 1:30pm.

The lunch card is not a credit card. Please be sure to keep monies on your child's account if they will be purchasing meals. Let's work together to teach them financial responsibility.

It's Spring Book Fair Time!

We're trying something new! Our school is hosting a **Follett Book Fair!**

Supporting a love of reading is critical to student success. The Follett Book Fair encourages your child's reading habits, builds their personal libraries, and raises funds for special events, all at the same time.

Follett has been supporting schools for more than 140 years, which means you can expect an awesome selection of books, from a wide range of publishers. These are the books your children want to read. See the attached flyer for some examples.

If you wish, visit follettgift.com to purchase a Follett gift card for your child.

Book Fair Dates: Thursday, May 16 through Thursday, May 23

Shopping Hours: 8:30 a.m. to 3:30 p.m. each school day

Evening Hours: Tuesday and Wednesday, May 21 and 22
5:00 – 8:00 p.m.

Don't forget to send your student with enough money to cover sales tax (8%). Support your school and the avid readers in your family by visiting the book fair.

All book fair profits benefit our school, making possible author visits, special reading promotions, and unique resources.

We hope to see you at the Book Fair!

Sincerely,
(Mrs.) Anne Paulson
Teacher Librarian
apaulson@lpcsd.org
518-523-3640, ext. 4525

BOARD OF EDUCATION MEETING DATES

May 14, 2019 Budget Hearing Lake Placid
May 21, 2019 Budget Vote
June 4, 2019
June 18, 2019
July 2, 2019

Rainy day weather has returned!

Don't forget coats and boots when preparing for school.



For more information regarding the newsletter or its content or to submit content, contact Mrs. Franklin at sfranklin@lpcsd.org

Student Drop-Off and Pick-up:

Please use the Student Drop-Off entrance (playground loop) for:



Morning drop-off: **(7:25am through 8:15am)** Please enter the loop driveway. Allow the students to exit the vehicle at the sidewalk leading up the hill. Students will walk up the sidewalk, away from all cars, and enter through the main entrance. If you need to assist your student, be sure to use the parking area next to the loop. Please do NOT park in the roadway.

A circular logo with a green background and white text 'EAGLE ISLAND CAMP' around the perimeter. Inside the circle are three stylized evergreen trees.

Come sail away to your summer adventure at Eagle Island Camp

Day Camp programming for youth entering grades 4-6 on Upper Saranac Lake, NY

eagleisland.org

2 Great Sessions:
July 22-July 26, 2019
July 29-August 2, 2019
(\$300/wk, financial assistance available)

In everything we do, we believe in inspiring and empowering young people to be confident, collaborative, and courageous

A photograph of a sailboat with a white and green sail on a calm lake, surrounded by a dense forest of evergreen trees under a clear sky.

WAYS FAMILIES CAN ENCOURAGE POSITIVE MENTAL HEALTH HABITS



1 TALK OPENLY ABOUT MENTAL HEALTH

There is stigma surrounding mental illness which discourages people from talking about any mental health challenges they may be facing. Talking openly about mental health promotes a safe environment that will encourage them to seek support and help when it is needed.

2 MODEL YOUR OWN HEALTHY HABITS

Children learn by observing. As you model positive mental health habits, helps you and demonstrates how to manage life's stressors. Support them in finding and developing their own strategies and interests to sustain good mental health.

3 SPEND TIME TOGETHER AS A FAMILY

Children need love, time and attention. Setting time aside to be with your child produces a stronger bond, makes them feel valued and loved. Invite them to join you in an activity you enjoy to reduce stress. Incorporate these activities into your family's weekly routine and acknowledge the mental health benefits of the activity.

4 PARTICIPATE IN COMMUNITY OR VOLUNTEER ACTIVITIES

Children will meet and connect with new people. They will experience a sense of belonging and purpose, and will learn how to relate to others.

5 ENCOURAGE REGULAR EXERCISE

Physical exercise is one of the most effective strategies for maintaining a healthy mind. Exercising stimulates chemicals that improve our moods and allow us to channel negative energy positively.

6 PRAISE YOUR CHILD'S EFFORTS AND BEHAVIOR

When we are praised, we feel good about ourselves, and our confidence and self-esteem increases. Praise can also help to motivate kids and encourage them to continue to try new things.

For more info: www.mentalhealthdnys.org

EVERY FRIDAY IN MAY!

CURBSIDE COFFEE

A Fundraiser to Support
Lake Placid After School Program

MAY 3, 10, 17, 31
7:45-8:30 AM

PAY WHAT YOU CAN AND SUPPORT A
GREAT PROGRAM!!

Bonus High Fives if you bring a travel mug
(p.s. we have cups!)

LAKE PLACID MS PRESENTS

THE PHANTOM TOLLBOOTH



*A play by Susan Manus based on the book by
Norton Juster*

**WEDNESDAY AND THURSDAY
MAY 22ND & 23RD @7:00 PM**

LAKE PLACID HIGH AUDITORIUM
\$5.00
DIRECTED BY BRENDEN GOTHAM