

JANUARY 2022

Lake Placid Middle/High School

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Chicken 3 Fries Milk Fruit	Italian Dunkers 4 Broccoli Fruit Milk	Grilled Cheese 5 Tomato Soup Fruit Milk	Popcorn Chicken 6 Mashed Potatoes Fruit Milk	PIZZA 7 Cheese or Pepperoni Special Pizza Carrots w/ Ranch Fruit Milk
Chicken Parm 10 Chicken Sandwich Fries Fruit Milk	Homemade Mac and Cheese 11 Hot Dog Broccoli Fruit Milk	Hamburger/Cheeseburger 12 Sweet Potato Fries Fruit Milk	Meatball Sub 13 Veggies Fruit Milk	PIZZA 14 Cheese or Pepperoni Special Pizza Tomatoes w/ Ranch Fruit Milk
NO SCHOOL 17	Mandarin Chicken 18 Brown Rice Broccoli Milk	French Toast Sticks 19 Chicken Sausage Hash Browns Fruit Milk	Beef Tacos 20 Black Beans and Corn Fruit Milk	PIZZA 21 Cheese or Pepperoni Special Pizza Peppers w/ Ranch Fruit Milk
Pasta 24 Beef Meat Sauce Garden Salad Fruit Milk	Deli Day! 25 Potato Chips Carrots with Ranch Fruit Milk	Chicken Quesadilla 26 Black Beans and Corn Fruit Milk	Turkey or Ham 27 Bacon Melt Veggies Fruit Milk	PIZZA 28 Cheese or Pepperoni Special Pizza Peppers w/ Ranch Fruit Milk
Chicken Pattie Sandwich 31 Veggies Fruit Milk				

All school meals are FREE for students!!
 Deli Sandwiches, PB&J, and salads are available every day!